NEW in 2019:

A special offer for insured members covered under an AARP Medicare Supplement Insurance Plan.



West Cook YMCA is participating in a fitness program available to Illinois residents who are insured members covered under an AARP Medicare Supplement Insurance Plan insured by UnitedHealthcare Insurance Company (UnitedHealthcare).

Talk to a West Cook YMCA Member Engagement Representative at 708-383-5200. Or call UnitedHealthcare at 1-888-887-5963 with additional questions.

Medicare Supplement Plans insured by UnitedHealthcare Insurance Company

These are additional services, apart from the AARP Medicare Supplement Plan benefits, are not insurance programs, are subject to geographic availability, and may be discontinued at any time.

Administered by Optum for UnitedHealthcare Insurance Company.

None of these programs should be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. Participation is voluntary. The information provided through these services is for informational purposes only. Your health information is kept confidential in accordance with the law. None of these programs are a substitute for your doctor's care. Nurses, wellness coaches, and other representatives from these programs cannot diagnose problems or recommend treatment. All decisions about medications, vision care, and health and wellness care are between you and your health care provider. Consult your physician before beginning an exercise program or making major changes in your diet or health care regimen. The YMCA or fitness center rates may vary by location. These services are not an insurance program and may be discontinued at any time.

AARP endorses the AARP Medicare Supplement Insurance Plans, insured by UnitedHealthcare Insurance Company. UnitedHealthcare Insurance Company pays royalty fees to AARP for the use of its intellectual property. These fees are used for the general purposes of AARP. AARP and its affiliates are not insurers. AARP does not employ or endorse agents, brokers or producers. AARP Medicare Supplement Plans are insured by UnitedHealthcare Insurance Company, Horsham, PA. Policy Form No. GRP 79171 GPS-1 (G-36000-4).

In some states plans may be available to persons under age 65 who are eligible for Medicare by reason of disability or End Stage Renal Disease.

Not connected with or endorsed by the U.S. Government or the federal Medicare program. This is a solicitation of insurance. A licensed insurance agent/producer may contact you.

You must be an AARP member to enroll in an AARP Medicare Supplement Plan.

THESE PLANS HAVE ELIGIBILITY REQUIREMENTS, EXCLUSIONS AND LIMITATIONS. FOR COSTS AND COMPLETE DETAILS (INCLUDING OUTLINES OF COVERAGE), CALL A LICENSED INSURANCE AGENT/PRODUCER AT THE TOLL-FREE NUMBER SHOWN. © 2018 United HealthCare Services, Inc.