

THURSDAY | DEC. 12 | 7-9PM

First Congregational Church of Western Springs
Plymouth Hall, 1106 Chestnut, Western Springs, IL

Dessert reception 7pm | Program 7:30pm, followed by Q&A

grief after sudden loss

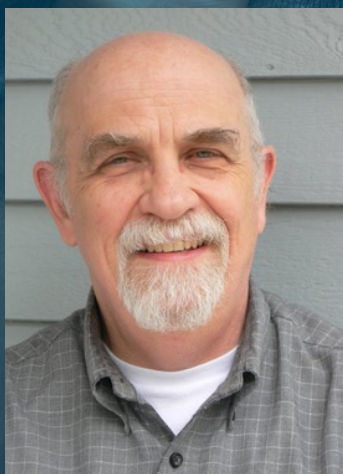
FINDING HOPE & HEALING

The sudden, sometimes traumatic death of a loved one can be life-changing for those left behind. Survivors may feel regret, guilt and anger over their loss, and oftentimes struggle with complicated grief. The presentation will address common reactions to sudden loss and offer coping strategies.

This program is open to all and especially to those who are grieving the loss of a loved one to a sudden, unexpected death, but can also be valuable for someone who is supporting a grieving person. This event is free of charge.

Register online at <https://griefafterloss.eventbrite.com>

Questions? Please contact Pastor Meredith Onion at meredith@wscongo.org.



Dr. John (Jack) Jordan is a licensed psychologist in private practice in Pawtucket, Rhode Island, where he has specialized in work with survivors of suicide and other traumatic losses for more than 45 years. He is the Clinical Consultant for the Grief Support Services of the Samaritans in Boston, Massachusetts, and the Professional Advisor to the Loss and Healing Council of the American Foundation for Suicide Prevention (AFSP). He is Co-Chair of the Survivors of Suicide Loss Task Force of the National Action Alliance for Suicide Prevention.

For over 45 years, Jack has also provided training nationally and internationally for professional caregivers, and has helped to lead many healing workshops for suicide loss survivors. Jack has published over 50 clinical and research articles, chapters, and full books in the areas of the practice of grief therapy, bereavement after suicide, support group models, the integration of research and practice in thanatology, and loss in family and larger social systems.

