

Lil VeggieRx Program MAYWOOD

Please join us for our free vegetable distribution program for Maywood residents!

As we bring fresh produce to Maywood, participants can enjoy healthy cooking demonstrations, recipes and activities.

Pick-Up Dates: Mondays, January 28 - April 1, 3:00pm – 6:00pm
(FREE cooking demonstrations at 3:15, 4:15 and 5:15pm)

Location: Maywood Park District, 921 S. 9th Ave. Maywood, IL

- Space is limited, so please contact ASAP if interested
- Families are encouraged to participate
- For more information, please contact:

Mary Mora at mdanza@luc.edu or 708-531-5929.

If you have a **LINK card**, you can also **earn 50% Off Coupons** for LINK purchases at the **Proviso Partners Giving Garden** and **Windy City Harvest** farm stands this summer!



Program supported in partnership with Proviso Partners for Health, Chicago Botanic Garden Windy City Harvest, Loyola University Chicago School of Nursing, Loyola University Health System, the Maywood Park District, the American Heart Association, and Chicago Botanic Garden Windy City Harvest.